

## Intensive Interaction

‘Intensive Interaction works on early interaction abilities - how to enjoy being with other people - to relate, interact, know, understand and practice communication routines.’

[www.intensiveinteraction.org](http://www.intensiveinteraction.org)

### Aims

- To develop early interaction abilities
- To increase enjoyment of being with other people
- To create opportunities to understand and practice communication routines
- To teach and develop the ‘fundamentals of communication’ e.g. eye contact, facial expressions, vocalisations leading to speech and turn taking.

### Top Tips

- Let your child choose and explore what they like and then follow their lead.
- Interact on the same level as your child. If they’re on the floor sit on the floor with them.
- Observe your child and wait for them to start an interaction or activity.
- Respond by joining in and copying sounds and actions.
- Reduce the words you say
- Stop if your child moves away
- Have fun!

There are some great examples of Intensive Interaction in action on YouTube. Another useful resource is [www.intensiveinteraction.org](http://www.intensiveinteraction.org)

Please get in touch with the therapy team if you have any questions or would like some ideas on how you can use Intensive Interaction with your child.

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